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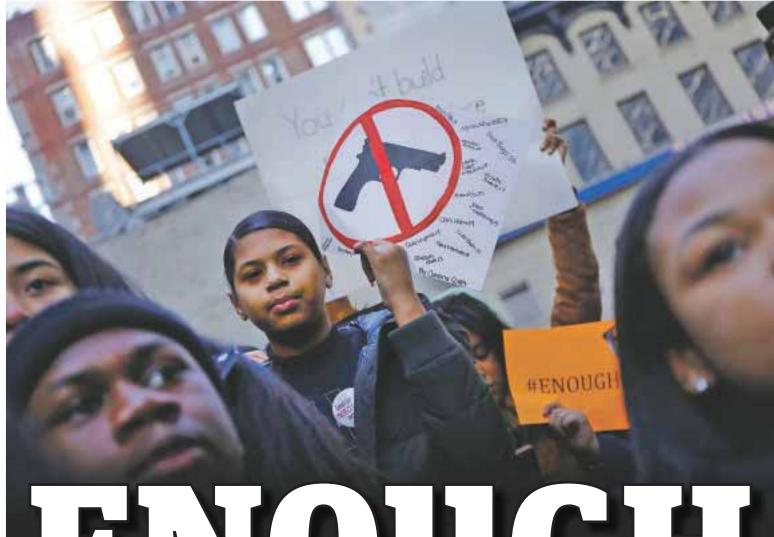
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Fill out your NCAA brackets here. 18-19

Reflecting on the life of one of the greatest minds the world ever knew. 24



Thousands of New York City students participated in a national walkout yesterday, one month after the Parkland, Florida, school massacre, to demand gun reform in America. 4

WELCOME TO METRO.US



NIKKI M. MASCALI, REPORTER

I love the smell of revolution in the morning, don't you? I spent yesterday's National Walkout Day outside Trinity School on the Upper West Side, where about 500 students, along with parents, faculty and staff, walked out to show they've had enough of lawmaker inaction when it comes to school safety and gun control. See photos from Trinity's walkout, as well as those that took place nationally, on pages 4, 6 and 14 and visit metro.us for more coverage.

HOUSE PASSES BILL TO COMBAT SCHOOL VIOLENCE

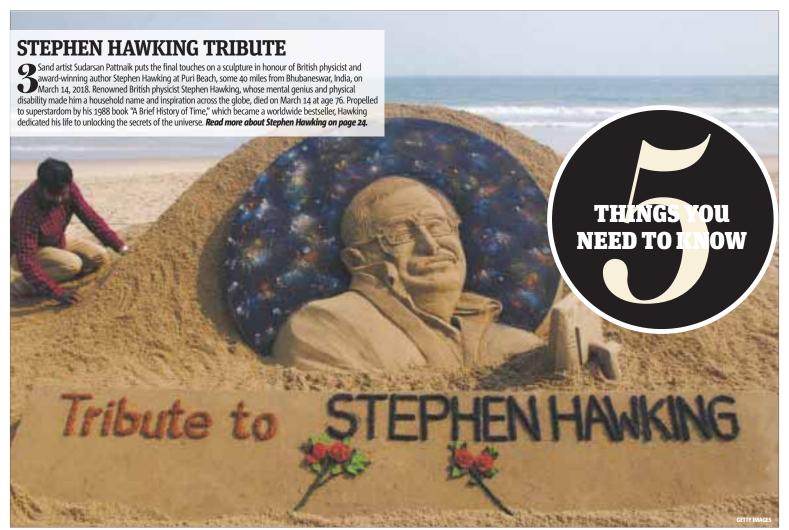
The House of Representatives on Wednesday overwhelmingly passed legislation to help schools and local law enforcement prevent gun violence, one month after the mass shooting at a Florida high school that killed 17 people. The House passed the bill by a vote of 407-10, sending it to the Senate for consideration. The White House announced President Donald Trump's support of the bill, which is far short of the broader

gun control legislation he talked about shortly after the shooting at Marjory Stoneman Douglas High School in Parkland, Florida. The House-passed bill would authorize federal grants, totaling \$50 million a year, to fund training, anonymous reporting systems, threat assessments, intervention teams and school and police coordination. The measure would not allow any of the funding to be used for arming teachers or other school personnel.

US AMBASSADOR: RUSSIA RESPONSIBLE FOR ATTACK

U.S. Ambassador to the United Nations Nikki Haley said on Wednesday the United States believes Russia is responsible for a chemical attack in Britain on a former Russia double agent and his daughter and the U.N. Security Council should take action. "The United States believes that Russia is responsible for the attack on two people in the United Kingdom using a military-grade nerve agent," Haley told a Security

Council meeting. Britain is to kick out 23 Russian diplomats, the biggest such expulsion since the Cold War, over the chemical attack on a former Russian double agent in England that Prime Minister Theresa May blamed on Moscow. Russia denies any involvement in the attack on ex-spy Sergei Skripal, who has been hospitalized since he was found unconscious on March 4 on a bench in Salisbury, England. *Read more on page 9*.



TRUMP PICKS TV ANALYST AS ECONOMIC ADVISER

Television commentator and conservative economic analyst Larry Kudlow said on Wednesday that President Donald Trump had picked him to replace Gary Cohn as the top White House economic adviser. "The president offered me the position last evening and I accepted," Kudlow told Reuters, adding that he expected a formal announcement on his appointment as director of the National Economic Council could

come on Thursday. White House spokeswoman Sarah Sanders confirmed that Trump spoke to Kudlow on Tuesday, but she would not confirm that the president had offered the 70-year-old CNBC contributor the position. The appointment of Kudlow, a supporter of supply-side economics and familiar face in Washington and on Wall Street, comes as Trump increasingly seeks to surround himself with like-minded advisers.

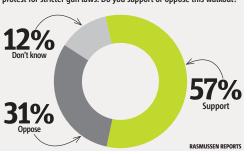
US AGENCY LOOKING INTO DOG'S DEATH ON UNITED

The Department of Transportation said on Wednesday it is looking into the circumstances surrounding the death of a puppy on board a United Airlines flight this week. The Transportation Department said it is in contact with the U.S. Department of Agriculture, which enforces the Animal Welfare Act and handles complaints about alleged animal mistreatment. United Airlines faced fresh backlash on

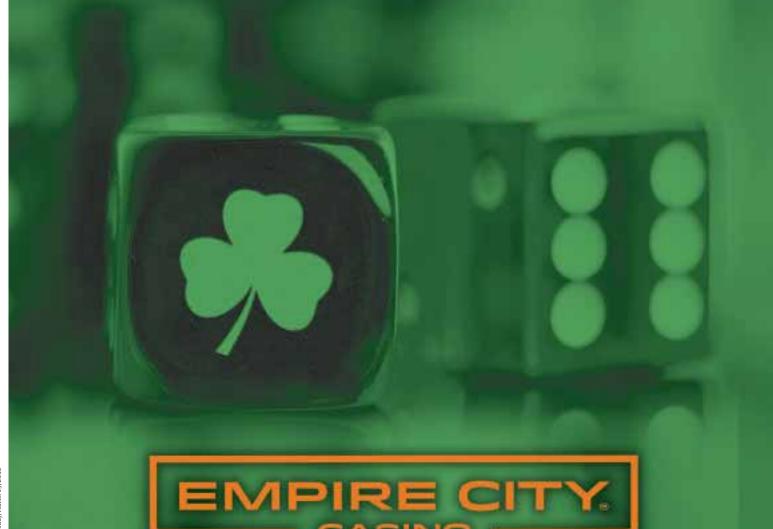
Wednesday over a puppy that died in-flight after a cabin attendant ordered it stowed in an overhead bin, with a U.S. senator demanding an explanation for the high number of animals that have died in the carrier's care. "This pattern of animal deaths and injuries is simply inexcusable," Sen. John Kennedy wrote, as he cited figures from the Department of Transportation over the high percentage of animal deaths on United flights.

SCHOOL WALKOUT

On Wednesday, students around the country walked out of school to protest for stricter gun laws. Do you support or oppose this walkout?



JACK POTAL YOU'VE GOT THE LUCK OF THE IRISH



With walkouts, NYC students demand 'no more silence, stop gun violence'

Demonstrations were held across the U.S. to commemorate the onemonth anniversary of the Parkland shooting that killed 17 people.



Chanting "Disarm hate," "Enough is enough," and "This is what democracy looks like," roughly 500 students surrounded Trinity School on West 91st Street on Wednesday morning to take part in the National School Walkout.

Wednesday marked the one-month anniversary of the mass shooting at Marjory Stoneman Douglas High School in Parkland, Florida, in which 17 people, including students, were fatally shot by a former classmate.

Taking place at 10 a.m. at schools across the city and nation, the 17-minute walkouts were held to honor those 17 victims and show lawmakers that the next generation has seen enough inaction when it comes to school safety and gun control.

Ahead of the walkout,

Trinity freshman Naomi Doron told Metro that she was called to action after seeing the similarities between her classmates and the Parkland students.

"This shooting and the scale of it had all us kids finally standing up to say, 'Enough,'" she said.

Cigal Tzohar, the 14-year-old's mother, also participated in the walkout her daughter helped organize.





About 500 Trinity School students took part in Wednesday's National School Walkout to demand gun control in the wake of the Parkland shooting. PHOTOS BY NIKKI M. MASCALI

"The main essence of being in school is making change — it's more than academia," Tzohar said.

Students from third to 12th grade took part in Trinity's walkout, which included a moment of silence for the Parkland victims. At the end of that moment, the students chanted, "No more silence, stop gun violence!"

Wednesday's walkout was not the first time students at the 309-year-old school protested violence, said Kevin Ramsey, director of communications.

"I remember hearing about anti-war protests in '60s," he said, "but I can't think of another time when all three divisions took part in something like this." See more of the national walkout on pg. 6.

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Students walk out across the US

On Wednesday, students across the country walked out in solidarity with guncontrol advocates, calling attention to perceived inaction across the country to combat the epidemic of mass shootings in the U.S.

Following the lead of student activists who have carried the flag for gun control since the deadly school shooting

last month in Parkland, Florida, high schoolers nationwide joined the chorus of voices calling for tougher gun laws via the 10 a.m. National School Walkout, which was organized by an arm of the group that led the January 2017 women's marches.

For more on the student walkouts, turn to pg. 14.



The walkout was organized by part of the group that led the 2017 women's marches.



The National School Walkout took place at 10 a.m. in cities across the country. ALL PHOTOS GETTY IMAGES, EXCEPT WHERE NOTED



Student protester in NYC. NIKKI M. MASCAL



Students in Washington protested in front of the White House.



Sen. Bernie Sanders with protesters.





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This mountain climber says he could beat the president's border wall

Elite mountaineer Ed Viesturs disagrees with Trump's claim that refugees are like "professional mountain climbers."



MICHAEL MARTIN

While looking at proto-types for his long-promised border wall on Tuesday, President Trump said that "getting over the top is easy" and that refugees from Mexico are like "professional mountain climbers," statements that one of the world's most preeminent mountain climbers took issue with.

interview In an with Esquire.co.uk, Ed Viesturs — who has climbed all 14 of the world's tallest mountains and rescued people from K2 — tried to evaluate the president's assessment for accuracy. "There's a difference between professional and experienced," he said. "When you become a professional, you make a living at it, so is this person getting paid to climb the wall? It's amazing. It's just another one of those stupid things that this guy says. He doesn't know what he's talking about.

He doesn't have a clue."

The prototypes Trump examined on a trip to San Diego are about 30 feet tall. A professional mountain climber could summit that "in a few hours," said Viesturs, the star of IMAX's "Everest Expedition" pedition" documentary. 'You could put a whole bunch of ladder sections together, flop it up and over and put down a rope and drop down to the other side. You could back a fire truck up to the wall and raise the ladder over the top.'

During his inspection, Trump seemed to indicate that some of the walls would or would not do because refugees "are in-credible climbers," he repeated. "They can't climb some of these walls. Some of them they can. Those are the walls we're not using.'

Viesturs said that if "unclimbable" is the criteria, the government should pretty much junk the whole thing. Mountains are, after all, rather high. "If there's a mountain or wall, somebody will climb it, eventually, he said. "Do we need a new wall? I don't think so. There's plenty of work, in my opinion, for immigrants, and the money could be used for so many things — schools, education, health care. It seems like a huge waste."

MASSACRE PLEA

Suspected Florida school shooter silent in court, judge enters not-guilty plea

On Wednesday, a Florida judge entered a not-quilty plea for Nikolas Cruz, who faces a possible death penalty for a massacre at a high school last month that killed 17 people.

Cruz, 19, chose to remain silent during a hearing in Broward County circuit court in Fort Lauderdale. Judge Elizabeth Scherer then entered the not-guilty plea on his behalf for 17 counts each of first-degree

murder and attempted murder for the Feb. 14 shooting spree in

Cruz, wearing an orange jail jumpsuit and shackled at wrists and ankles, sat alone and kept his head bowed while guarded by a dozen deputies. Nine relatives of victims of the attack at Marjorie Stoneman Douglas High School attended.

Prosecutors said on Tuesday they would seek the death penalty, and Florida Republican Gov. Rick Scott has said he supports the death penalty for Cruz. REUTERS

UK poisoning could reveal secrets of nerve agent theft in post-Soviet chaos

The British government says Russia is to blame for poisoning former spy Sergei Skripal with a nerve agent, and most chemical weapons specialists agree. But they say an alternative explanation cannot be ruled out: that the nerve agent got into the hands of people not acting for the Russian state.

The Soviet Union's chemical weapons program was in such disarray in the aftermath of the Cold War that some toxic substances and know-how could have got into the hands of criminals, say people who dealt with the program at the time.

"Could somebody have smuggled something out?" said Amy Smithson, a biological and chemical weapons expert. "I certainly wouldn't rule that possibility out, especially a small amount and particularly in view of how lax the security was at Russian chemical facilities in the early 1990s."

While nerve agents degrade over time, if the precursor ingredients for the nerve agent were smuggled out back then, stored in proper conditions and mixed recently, they could still be deadly in a small-scale attack, two experts on chemical weapons told Reuters.

Skripal, 66, and his daughter Yulia, 33, remain in hospital in critical condition after being found unconscious on a bench in the city of Mr. Skripal and his daughter, and for threatening the lives of other British citizens."

Russia has denied any involvement in the nerve agent attack.

Accounts of security deficiencies at weapons facilities indicate that, at least for a period in the 1990s, Moscow was not in firm control of its chemical weapons or the people guarding them.

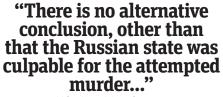
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chemical arsenal.

The Soviet chemical weapons program was a sprawling operation spread across far-flung cities and incorporated the world's largest chemical arsenal, publicly declared

at 40,000 tons. When the Soviet
Union ceased to exist,
funding dried up, scientists' salaries were in
several months of arrears,
staff morale slumped and
facilities were left to fend
for themselves with little
government oversight.

A report by the Stimson Center highlighted the risk of Soviet chemical weapons scientists — who earned a pittance when they were paid at all — being recruited by criminals, terrorists or rogue states.



British Prime Minister Theresa May

Salisbury on March 4. A police officer was also harmed and remains in a serious condition.

British Prime Minister Theresa May said on Wednesday that "there is no alternative conclusion, other than that the Russian state was culpable for the attempted murder of "All the ingredients for successful black marketeering are present through the chemical and biological complexes — under- or unemployed, scientists and managers, valuable commodities at far-flung locations and poor security," the report said. BRUTES

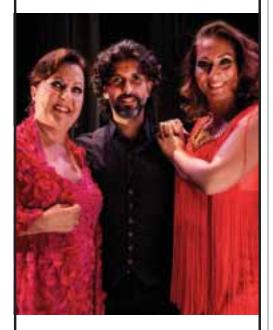


Russia has been accused of using a nerve agent in a recent attack on a former spy. GETTY IMAGES



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"The L train shutdown is closing a major artery that's not just going to affect riders, it's going to impact businesses, the community, how people interact," said Rodrigo Bautista, left, of Forum for the Future at the Open Data Week event. ALL PHOTOS PROVIDED

Local tech gurus brainstorm solutions for L train shutdown

The NYC Open Data Week challenge asked techies to "inspire innovation and solutions from a social, economic and environmental angle using open data.



NIKKI M. MASCALI

Among the events that took place during NYC Open Data Week last week was one that looked to the city's tech community for sustainable ways to lessen the horrors many New Yorkers — and businesses expect to come with next year's L train shutdown.

The L train shutdown is slated to begin in April 2019 and will rehabilitate the Canarsie Tunnel,

which goes under the East River and was severely damaged by Hurricane Sandy in 2012. Since the tunnel needs a complete demolition and rebuild, the L train will only run between Bedford Avenue and Canarsie-Rockaway Parkway, meaning there will be no service to or from Manhattan during the 15-month project.

That leaves the rough-



who ride the train between the two boroughs in need of alternatives, most likely adding even more riders to other already overcrowded train lines.

While the MTA and Department of Transportation released a plan that includes a car-less 14th Street, a HOV-only Williamsburg Bridge and expanded subway service, Open Data Week asked designers, engineers, data scientists and others to look at data from the MTA, Taxi and Limousine Commission, Port Authority and more for other solutions during the L train shutdown.

"The L train shutdown is closing a major artery that's not just going to affect riders, it's going to impact businesses, the community, how people interact,' said Rodrigo Bautista of Forum for the Future, a partner in the challenge, which "allowed people who are usually not in the room at the same time to inspire innovation and solutions from a social, economic and

environmental angle using open data.

Two notable solutions aimed to help local businesses along the affected L train route obtain lower license fees for community events like block parties and possibly moonlight as co-working spaces so riders can stay in their community instead of enduring even longer commutes during the L train shutdown.

"A lot of ideas were orientated to create an experience to work from your own community," said Robinson Hernandez of the Urban Tech Hub at Grand Central Tech, another event partner. "They looked at the utilization of spaces that are not traditionally occupied during the day, like restaurants, to create a co-working experi-

Hernandez, an L train rider who will switch to the M during the shutdown, hopes to have finalists from the challenge reconvene before summer to present their ideas to the agencies that provided the data.



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Betsy DeVos, education secretary, is not quite sure how to use a verb

It's the latest in a series of gaffes for the advocate of school choice.



Education Secretary Betsy DeVos, a product of private schools who advocates moving federal dollars from public to private schools, did not seem to know what a verb was on Tuesday.

DeVos tweeted out a graphic, designed like a dictionary entry, which encouraged her audi-ence to "rethink school." It misidentified those words, which are a phrase or sentence depending on punctuation, as a verb. DeVos posted the graphic below a personal message that used "rethink" as a



Education Secretary Betsy DeVos never worked in education before her current position. GETTY IMAGES

"Rethink school" is not a verb. It is a sentence. Specifically, it is an imperative sentence. (I looked it up.)," tweeted comedian W. Kamau Bell. "Normally, I'm not the grammar police, but I figured since the word 'education' is literally in your job title, you'd probably like to fix

"Also you used 'rethink' as a noun in your tweet, so this really is all over the place," Bell also tweeted.

The tweet follows a disastrous "60 Minutes" interview last Sunday, wherein DeVos said she "intentionally" hadn't visited underperforming schools and struggled to answer questions about the poor results from her favored "school choice" initiative in Michigan.

They were the latest in a series of gaffes by DeVos.

At her confirmation hearing, DeVos - who has never worked in education - seemed uninformed and said that schools needed to have guns on campus to fend off grizzly bears.

Later, DeVos was criticized for calling historically black colleges "real pioneers when it comes to school choice" — as opposed to the only options for black students in an era of segregation.

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Carmen Fariña Chancellor

13

THE FOREMAN FORECAST: THE LOYAL OPPOSITION

I've long believed that most of us — if we were given exactly our way would become unmitigated train wrecks. As we pursued our agendas completely unfettered by opposition, we would alienate friends and family. We would drive trusted advisers into exile. And we would find that many of the plans in which we have absolute faith are deeply flawed, and we would have been better off if someone had curtailed our impulses to act on them.

I mention this because President Trump has been waging war on his own cabinet, driving out every adviser who tries to, you know, advise instead of just agreeing. This could prove disastrous - for Republicans, for the country and, most of all, for Donald Trump himself.

Why? Three reasons. First, no one knows everything. I have met

TOM **FOREMAN**

Analysis

CNN's Tom Foreman is the author of the book "My Yeaf Running Dangerously."



loads of terrifically smart people, and the smartest are not those who insist on being right but those who can quickly see when they are wrong. They listen to others who disagree. They seek out opposing views. And through this process, while not giving up their right to decide, they expand their ability to make wise decisions.

Second, when you get rid of everyone who challenges you, you are left with something far more dangerous: people who only agree. Who doesn't want to be told he or she is right? But in such an environment, an emperor can quickly be found with no clothes on Pennsylvania Avenue.

And third, when you draw every decision to yourself, you make it easy for your foes to blame you when something goes wrong. Strong cabinet members who can voice their opinions can help protect a president from his worst impulses and absorb the cannon fire when a plan goes awry.

To be fair, every president dislikes being told he is wrong. But historically, they've all learned dissenting voices are essential to success and survival. While President Trump may hate the idea of anyone pushing back on his plans, he will ignore that lesson at great peril.

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Support abounds for NJ student who was sole participant in the National School Walkout

students across the U.S. left their classrooms to participate in Wednesday's National School Walkout in demand of gun control, Rosa Rodriguez stood alone outside her New Jersey high school.

Officials at Sayreville War Memorial High School, which is about 30 miles from New York City, threatened students with a two-day suspension if they participated in the National School Walkout, a 17-minute event on the one-month anniversary of the shooting at a Parkland, Florida, high school in which 17 people, including students, were killed.

As her classmates gathered in the auditorium for an assembly, Rodriguez, a sophomore, walked out of the school, which was surrounded by police, as a handful of



Despite threat of suspension, Rosa Rodriguez walked out of Sayreville War Memorial High School to protest gun violence as part of the National School

parents across the street applauded, 1010 WINS reported.

"I don't care if I get suspended," the 15-yearold told News 12 New Jersey. "I said I want to go outside, still show I care.

The station reported that police officers escorted Rodriguez back into the building.

After the story broke, Twitter rallied around Rodriguez' actions.

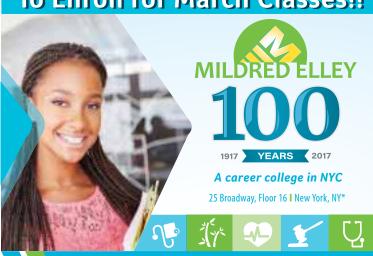
"It's hella easy to walkout when everyone's doing it, but to be out

there solo standing up for the cause, that takes guts," one New Yorker wrote.

Others called her brave, a badass, a "shero" and one woman wrote that she'd "be so proud if I was her mom.

The New Jersey chapter of the ACLU urged any students who are facing disciplinary action following their participation in the National School Walkout to contact them at aclu-nj. OTG. NIKKI M. MASCALI

7 Days Left!! To Enroll for March Classes!!



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Why Knee Arthritis Sufferers Of Newest Medical Proced New York Doc's Merge Best All Natural

Fraction of the cost, minimal risk and little Hundreds of arthritis sufferers from tri-state area calling weekly to fi

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the NY Pain MD in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at NY Pain MD because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly"

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupple- cosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at *NY Pain MD* use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife



Normal Pain-Free Knee Joint

Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

Pain

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Join Like "Joint Oil" using Precision Targeting Technology Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

f Almost All Ages Are Choosing dures Before Surgery of High Tech Medicine And Treatments

le to no downtime amongst top reasons. and out if treatment is right for them...Often covered by insurance.

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the 2 ½ years thousands of knee pain sufferers have flocked to the *NY Pain MD* New York City

That's when their specially trained-doctors added cutting-edge arthritis treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place he Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time." noted the Director of Center



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluorososcopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. NY Pain MD used this P.A.T. Imaging Technology with each and every treatment.

NY Pain MD is a state of the art medical facility offering the best technology.

And that's not all

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can Help You?

If you have knee pain, the *NY Pain MD* doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

Many Insurance Plans Participate:

Most Out-Of-Network Insurance Plans United Healthcare In & Out Of Network (except the Community Plan) Traditional Medicare • AARP Medicare Most Union Plans • Transit Worker Plans Work Related Injuries/Work Comp

Auto Accident plans
Out of newtork:

Aetna • Cigna • Empire • Oxford • Ghi • 1199 Blue Cross Blue Shield & others

*EZ payment plans and financing also available

All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at NY Pain MD can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important -

Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any question:

Call: 800 885 KNEE (5633)

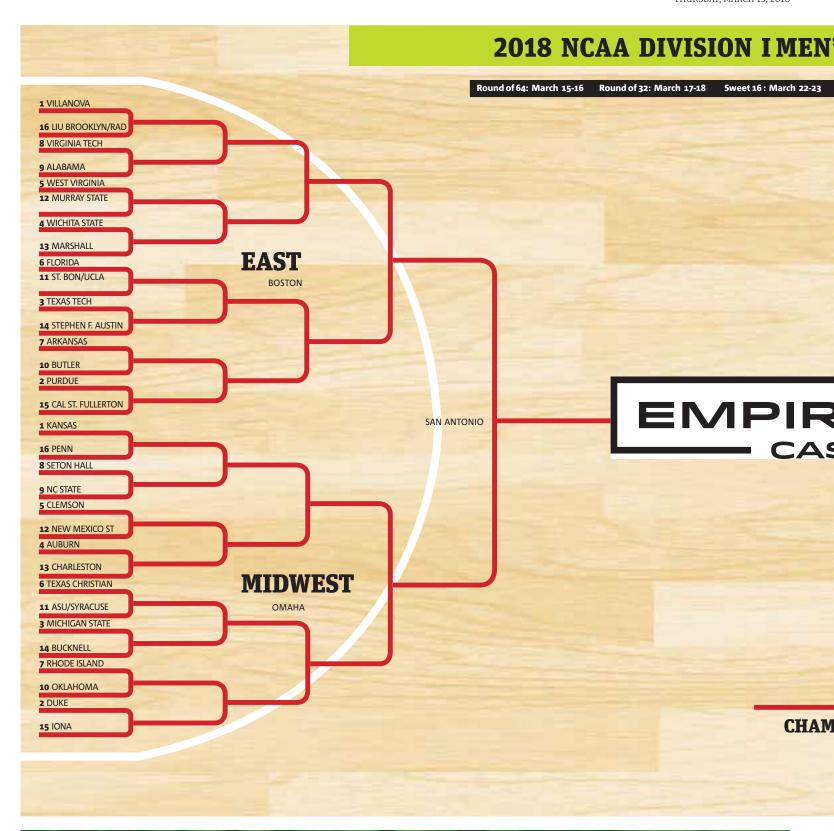
Are You Qualified For Knee Arthritis Screening With NYC Pain MD?

- · Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?
- Have you already tried viscosupplemention (Hyalgan, Supartz Synvisc) without satisfactory results?

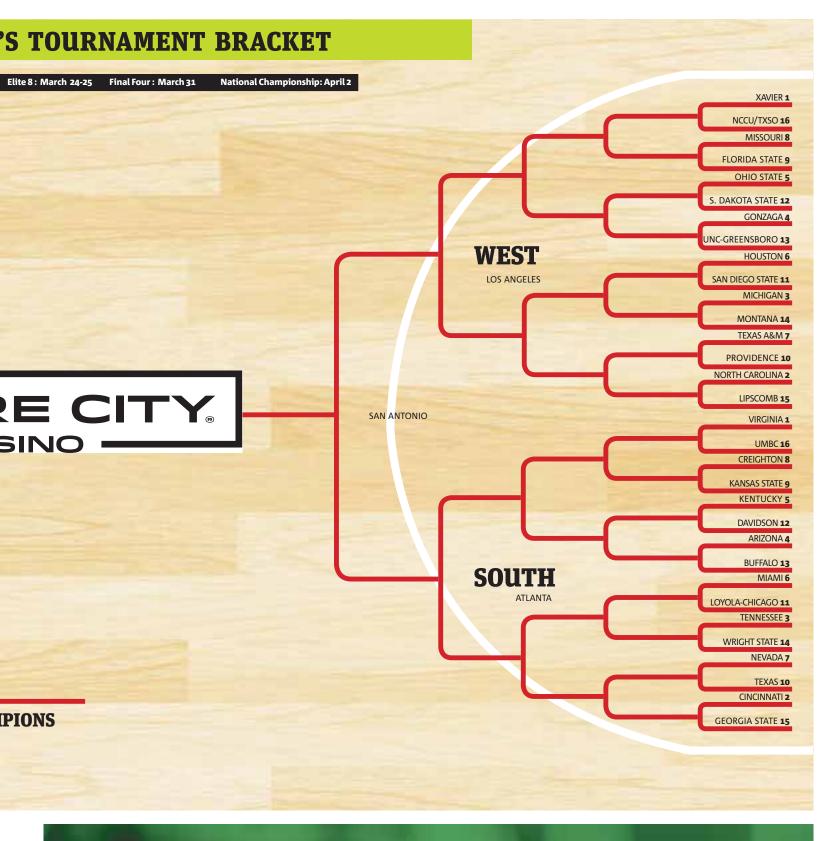
If you answered yes to any of these questions
- give NY Pain MD a call and schedule
your no obligation knee pain screening



METRO.US THURSDAY, MARCH 15, 2018









Experts: Pennsylvania race shows need for voting-machine upgrades nationwide

Congress, controlled by Republicans, has not provided funding to states to upgrade voting machines.

Pennsylvania's tight congressional special election underscores the need for states to replace aging voting machines and use paper ballots as backups to ensure the integrity of vote counts ahead of pivotal November U.S. midterm elections, election security advocates said on Wednesday.

Democrat Conor Lamb led Republican Rick Saccone by only a few hundred votes out of nearly 230,000 cast in the closely watched U.S. House of Representathere is rising concern among experts about the need to safeguard American balloting.

"At the end of the day, the winners need be assured that they won and the losers need to know that they lost," said former Pennsylvania election official Marian Schneider, president of Verified Voting, a group that advocates for auditable elections.

While there have been no issues raised about the integrity of the Pennsylvania race, election security experts said the razor-thin margin highlighted the importance of protecting voting machines from tampering, failure or human error.

"Whenever you are talking about computers, there are risks" of tamperthe use of paper ballots, improve cyber training or seek federal assistance, according to groups that track election security.

Voting systems that do not produce a paper backup of a ballot, which election officials can use to check electronic tabulations, are more difficult to audit for signs of tampering or error, according to experts.

The four counties where voters cast ballots on Tuesday are among the 50 Pennsylvania counties, out of a total of 67, that use voting machines without an auditable paper trail, according to Verified Voting.

"With paper, you can recount or audit that paper and carefully check the performance of the



With many states using antiquated voting machines, there is rising concern about the need to safeguard elections.

"Without a paper audit trail, any recount is just like hitting enter on the keyboard over and over again: You get the same answer and you have no clue if that answer is correct," Hall added.

The Department of Homeland Security said last year that 21 of the 50 states had experienced initial probing of their election systems from Russian hackers and that a small number of networks were compromised, but that there remains no evidence any votes were actually altered.

U.S. intelligence agencies previously concluded that Russia interfered in the 2016 election through a campaign of propaganda and hacking to help Trump win. Russia has denied this.

Pennsylvania Gov. Tom

Wolf, a Democrat, last month issued a directive requiring new voting machines in the state to have paper records of votes cast. Pennsylvania has provided funding for counties to buy new equipment, making it unclear when existing systems will be replaced before the November elections.

President Donald Trump, who in the past has raised questions about the integrity of American elections, endorsed the paper backups in elections as useful to protect against Russian meddling. Trump said at a news conference last Thursday that "it's old-fashioned, but it's always good to have a paper backup system of voting."

Democrats have introduced election security legislation and called for congressional hearings. Congressional Republicans have not acted on warnings from senior U.S. intelligence officials who said Russia is likely to target November's midterm races in which Democrats are trying to seize control of the House of Representatives and Senate.

Some experts have warned that voter confidence could be undermined if states do not install newer machines that can be audited with a paper trail.

New Jersey, Delaware, Georgia, Louisiana and South Carolina have no verifiable paper ballot backup across their states, though some are looking to purchase systems that provide such audits. Eight other states, including Pennsylvania, have some electoral districts without paper backups. REUTERS

"With paper, you can recount or audit that paper and carefully check the performance of the voting system, ensuring that the electronic result would match what a full hand count would show."

Joseph Lorenzo Hall, election security expert with the Center for Democracy & Technology

tives election on Tuesday in western Pennsylvania.

With many states using antiquated voting machines and with concerns about potential interference in U.S. elections by Russia or other actors,

ing or programming error, Schneider said.

In the face of federal inaction on election security, nearly every state has taken steps since the 2016 election to purchase more secure equipment, expand

voting system, ensuring that the electronic result would match what a full hand count would show," said Joseph Lorenzo Hall, an election security expert with the Center for Democracy & Technology.



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"Toot toot, hey, beep beep!"

Say those words, and you'll immediately feel the beat, the spirit, the heat of the legendary Donna Summer. Her songs smashed every record. Her story shattered every barrier. Now, the queen arrives on Broadway.

After a twice extended, sold-out run at San Diego's celebrated La Jolla Playhouse, SUMMER, The Donna Summer Musical, begins performances at the Lunt-Fontanne Theatre on March 28th.

She was a girl from Boston with a voice from heaven, who shot through the stars from gospel choir to dance floor diva. But what the world didn't know was how

Donna Summer risked it all to break through every barrier, becoming the icon of an era and the inspiration for every music diva who followed. From Janet Jackson to Beyoncé, they all began with Donna.

Tony Award® winner LaChanze (The Color Purple). Ariana DeBose (Hamilton. A Bronx Tale) and newcomer Storm Lever each play Donna at different points in her life. Directed by Des McAnuff, the Tony Award®-winning director of Jersey Boys and The Who's Tommy, SUMMER takes us through her tumultuous life and tempestuous loves. Including a mega-watt dream list of musical hits-including "Bad Girls," "MacArthur's Park," "She Works Hard for the Money," and "Last Dance"-**SUMMER** makes Spring the hottest season of all.

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DISCOVER WHY ALADDIN IS

ALADDIN — THE HIT BROADWAY MUSICAL - BY THE NUMBERS

COUNTRIES

Now in its third, thrilling year on Broadway, ALADDIN is an international sensation too! It's earning standing ovations nightly in Tokyo, Japan; Hamburg, Germany; London's West End and Sydney. Australia. And a North American tour is currently visiting cities all over the country, from Minneapolis to Seattle, San Francisco to Los Angeles, with many more stops planned along the way.

4 ASTONISHING MOMENTS
A magic carpet soars breathtakingly across the night sky. Pyrotechnics explode. Waiters pop out from under the stage and leap into a big dance number. There are 84 effects and illusions happening at ALADDIN. Keep your eyes peeled, so you don't miss a thing. It's no wonder The New York Times says this musical is "FABULOUS" and "EXTRAVAGANT

HIGH-OCTANE GENIE

Talk about working up a sweat on Broadway! During the exhilarating. Act 1 showstopper "Friend Like Me," the Genie and ensemble race around the stage for eight, non-stop minutes in a marathon of a production number. This causes their heart rates to rise steadily from exertion and adrenaline combined. After all, there's nothing like performing for an elated audience of more than 1,700 people!

MILLION CRYSTALS

The show's 337 handmade costumes are glittered with over 2.1 million Swarovski® crystals. In fact, just one costume piece used in the finale of "Friend Like Me" contains 1,428 sparkling beads! That's a lot of bling!

TONY AWARDS®

That's the number of the theater's highest honors that have been collected by the show's esteemed creative team, including Casey Nicholaw (director/choreographer), Alan Menken (composer), Tim Rice (lyricist), Bob Crowley (scenic designer), Gregg Barnes (costume designer) and Natasha Katz (lighting designer). When you see their work come alive on stage, you can understand why *The Wall Street Journal* says **ALADDIN** is "BROADWAY MAGIC!"

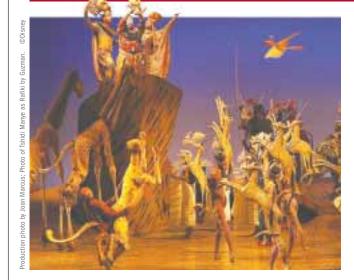
Photos of Telly Leung, Arielle Jacobs, Major Attaway, Courtney Reed and the Original Broadway Cast by Matthew Murphy and Deen van Meer. ©Disney



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Winner of six Tony Awards® including Best Musical, this musical theater phenomenon showcases the talents of one of the most acclaimed creative teams on Broadway. Tony Award®-winning director Julie Taymor reimagines the popular story using some of theater's most extraordinary stagecraft. THE LION KING also features the



The New York Times

exceptional work of Tony Award®winning choreographer Garth Fagan and a magnificent score crafted by the Tony Award®-winning songwriting team of Elton John and Tim Rice.

Now is the time to join the circle of life at *THE LION KING*, playing eight times a week at the Minskoff Theatre. Feel the joy. Feel the thrill. Feel alive... at *THE LION KING*.



THE LION KING

5 REASONS NOT TO MISS SPONGEBOB SQUAREPANTS ON BROADWAY









BROADWAY'S NEWEST HERO

As the story's überabsorbent champion, The New York Times calls Ethan Slater's brilliant, breakout performance, "a once-in-a-lifetime match of actor and character."



A NEON-COLORED WONDERLAND

"Wonders pour from the stage in a ravishing stream of color and invention!" (*Time Out New York*). Tony winner David Zinn's psychedelic sets are inspired by and crafted entirely of "ocean-found" objects—from pool noodles and umbrellas to plastic bottles, oil barrels and, of course, sponges.

CHOP TO THE TOP OF THE CHARTS

A legendary roster of Grammy* Award winners makes up a spectacular score with a panoply of styles, from pop and rock to ballads and big musical theater numbers. Look out for superb songwriting from the likes of David Bowie, Panic! At the Disco, John Legend, Sara Bareilles, Steven Tyler, Lady Antebellum and more.

TINA LANDAU CREATES THEATRICAL SORCERY

Under the hand of visionary avant-garde conceiver and director Tina Landau (of Steppenwolf fame), SpongeBob SquarePants is a stage full of "visual wit and sonic invention. An inspired Broadway extravaganza!" (The New Yorker)

YOU'LL HAVE THE BEST DAY EVER

Don't just take our word for it. Here's what *The Huffington Post* had to say: "Magic washes over the audience and you are swept up and captivated, you dance along, you root for your favorites, you laugh and you smile. *SpongeBob SquarePants* is a hit"

SPONGEBOB SQUAREPANTS

N PALACE THEATRE 47TH & BROADWAY

SpongeBobBroadway.com

New York Thursday, March 15, 2018

THE BROADWAY MUSICAL



THE WORLD'S MOST FAMOUS COSMOLOGIST

The physicist and author of "A Brief History of Time," whose insights shaped modern cosmology and inspired the world, died at age 76 at his home in Cambridge, England, March 14.

Metro highlights the most important facts & figures about the scientist.

Stephen Hawking was born Jan. 8, 1942, which just happened to be the 300th anniversary of Galileo's death. And passed away on Einstein's birthday.

Just some of his awards? The 1979 Albert Einstein Medal, the Order of the British Empire (Commander) in 1982 and the 1988 Wolf Prize in Physics.

Hawking appeared on television as himself in "Star Trek: The Next Generation," and voiced animated shows "The Simpsons" and "Futurama." He also surfaced on the "The Big Bang Theory" and has a movie about his life: "The Theory of Everything" (2014).

> "There ought to be something very special about the boundary conditions of the universe, and what can be more special than that there is no boundary?"

Hawking began his higher education at Oxford University College.

> At the age of 21, Hawking was diagnosed with he degenerative motor neuron disease amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease, and told he had only 2½ years to live. The disease had left him almost completely paralyzed.

After his success with "A Brief History of Time," Hawking wrote several books: "The Universe in a Nutshell," "A Briefer History of Time" and "George's Secret Key to the Universe," making his work accessible to a wide range of people.

Hawking made many important contributions to the fields of cosmology and quantum gravity.

He worked extensively on the subject of black holes, providing theories for their behavior, including the idea that they emit radiation.



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Hands up — who's got an inclusion rider?

Hollywood A-listers were famously tasked with adopting inclusion riders to ensure more diverse casts and crews going forward. So who's ponied up and confirmed they'll never again work on sets that look same-old, same-old? METRO



Matt Damon and Ben Affleck made headlines this week when their production company, Pearl Street Films, announced that it would be adopting inclusion riders for all their projects going forward.



The "Black Panther" star said he's behind inclusion riders in a post shared on his Instagram account, "In support of the women & men who are leading this fight..."



The famed director of big screen hits like "Ghostbusters" (the diverse, 2016 version) and "Bridesmaids," as well as television including episodes of "Nurse Jackie" and "The Office," is getting behind the movement, too.



The "Captain Marvel" star announced her support for inclusion riders on social media as well. "I'm committed to the Inclusion Rider," she tweeted. "Who's with me?"



The O.G. of the inclusion rider movement, Frances McDormand, got us all talking about them at the 90th Academy Awards this month. We wouldn't be surprised if filmmaker husband Joel Coen (of the Coen Brothers) follow suit.

GOT HEAVY MENSTRUAL BLEEDING?

New York Clinical Trials is currently conducting a research study for women aged 18-50 years old with heavy menstrual bleeding that could be associated with uterine fibroids.

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- . Are 18 to 50 years of age
- Have heavy menstrual bleeding

If Qualified, You May Receive:

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'Love, Simon' is the big, gay, inspiring teen romcom we need right now



The star and director talk to Metro about this hugely important coming-of-age movie.



'Love, Simon" is so refreshing and inspiring, you'll be surprised a Hollywood treatment like this hasn't been made before.

Set around the high school exploits of closeted teenager Simon, the film is funny, emotional and will genuinely affect

Metro spoke with Nick Robinson, who plays Simon, and director Greg Berlanti about their hopes for the film, and why it's so important.

What did you want to achieve with this film? Berlanti: I wanted to evoke the kind of movies that I grew up with, and do it from a new perspective - make the film that wasn't there when I was a kid, the coming-ofage film that was told in a big, fun, mainstream way that had a gay

person front

and center. Robinson: It was a story that I didn't even realize was missing. It was a point of view that I hadn't even considered. Trying to figure out why that was the case made it so interesting; it became very clear a story like this is long overdue. People are looking for this kind of movie. They're looking for representation and a voice, and they're hungry for it. I think that this film opens a door

Why was the backing of 20th Century Fox so important? Berlanti: It was ev-

that maybe wasn't there

before.

erything. They were determined to make it. I was the first openly gay person to come onboard. And their

support and the fact they were such allies more than got the ball rolling without me.

Robinson: It's broad, not trying to hide anything, and it's purposefully mainstream — and acceptable - and I think in that way it's quietly subversive, and an exciting concept. I don't think that this story is exclusively an LGBTQ story. There are messages here for everyone, and that's kind of the point.

Could this film have been made five years ago? Robinson: Greg and I were talking about how, if it had come out at a different time, people might not have been ready, or cared about this character, or story. Now? It feels as though we're in the midst of a cultural moment. This story and journey is moving to the mainstream.

Berlanti: I definitely think studios are more open to these stories, but I think television has been a big part of that. TV has been very progressive (especially broadcast television), and art house and indie cinema. I feel like studios are now trying to catch up.

"Love, Simon" is in cinemas on March 16

March Into Spring. www.nylaser.net

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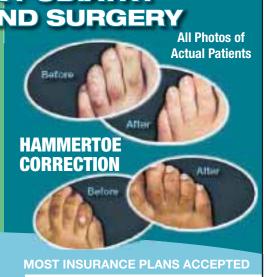
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FREE CONSULTATION WITH THIS AD

Adult Diapers May No Longer Be **Needed Thanks To Amazing New Pill**

Clinical studies show new pill may be effective enough to replace adult diapers for bladder control; initial users show dramatic reduction in trips to the bathroom, embarrassing leaking, and nighttime urgency.

Robert Ward,

Associated Health Press

AHP - Adult diaper sales are expected to plummet as results from a clinical trial on a new, patented bladder control pill have finally been released.

Sold under the brand name *UriVarx*™, the new pill contains key ingredients that keeps the bladder from releasing voluntarily, which reduces accidents and frequent bathroom trips.

Perhaps more impressive, it also targets the tiny muscles around the bladder, which helps the bladder to create a tighter seal.

This would explain why the average *UriVarx*™ user in clinical trials experiences a 66% reduction in urinary incontinence symptoms, such as day and night leaking and sudden urges to urinate.

NEW DISCOVERY IN BLADDER CONTROL

Until now, doctors believed it was impossible to strengthen the muscles that control the bladder. They are amazed to see that it can now be done with the non-prescription UriVarx[™] pill.

"As you get older, and the involuntary muscles around your bladder weaken, you lose urinary control. With your bladder wall unable to properly seal, you constantly leak and feel pressure to urinate" explains Dr. Bassam Damaj of Innovus Pharmaceuticals.

"UriVarx™ targets the bladder muscles and help restores vital kidney health, reducing urgency and frequency. It also helps you "hold it" for hours so you never have to worry about embarrassing accidents ever again!"

FREEDOM FROM SUDDEN **URGES AND LEAKS**

Since hitting the market, sales for the patented *UriVarx*™ pill have soared and there are some very good reasons why.

To begin with, the double blind large clinical studies published in the clinicaltrials.gov have been impressive. Participants taking $UriVarx^{m}$ saw a **stunning reduction** in urinary frequency, which resulted in fewer bathroom trips both day and night.

They also experienced a dramatic decrease in incontinence episodes, such as leaking and bed wetting.

The active ingredients in *UriVarx*™ comes from a patented formula. It is both safe and healthy. There are also no known serious side effects in its history

Scientists believe that the ingredients target the muscles of the bladder to grow stronger. These muscles are responsible for keeping the bladder tightly sealed. They also help the bladder to completely empty, allowing bacteria to be flushed from the urinary tract.

Research has shown that as you get older, certain hormonal changes in the body cause these muscles to shrink and become lose. This is what causes the bladder to be over active and the resulting urine accidents and why *UriVarx*™ seems to be so effective in the published clinical trials.

EXCITING RESULTS FROM URIVARX USERS

Many UriVarx™ users say their bladders have never been stronger. For the first time in years, they are confident and in complete control. Adult pads and diapers are no longer a big worry.

"After my third child, I couldn't control my bladder. I was running to the bathroom all the time! And once I hit my 60s it became so unpredictable I needed to wear adult pads every day" explained Marie L. of Danbury,

"I was embarrassed so before going to my doctor I decided to try UriVarx and I'm so glad I did! The urgency is gone and I no longer feel like my bladder is about to explode. I can also "hold it" when I need to so I'm no longer living in constant fear of finding a bathroom.'

IMPRESSIVE CLINICAL RESULTS

The exciting clinical results published on the government clinical website clinicaltrials.gov show that Uri-Varx[™] can strengthen your bladder fast, significantly reducing the urine urgency and leaks.

In a new double-blind, placebo-controlled clinical study, 142 men and women with bladder control issues were separated into two groups. The first group was given a placebo while the other received *UriVarx*™.

The results were incredible. The participants who received *UriVarx*™ saw major improvements in leaking, pressure, and the urgency to go - all without the usual side effects seen in prescription drugs! They also reported fewer trips to the bathroom both day and

Overall, the *UriVarx*™ group experienced:

- 56% Reduction in Urge Incontinence
- 66% Reduction in Stress Incontinence
- 61% Reduction in Urgency
- 33% Reduction in Frequency
- 46% Reduction in Nighttime Bathroom Trips

Additionally, at the end of clinical trial and after seeing the results, 84% of the participants taking *UriVarx*™ said it significantly improved their quality

"The clinical findings are incredible, but people still wonder if it will really work" explains Dr. Bassam Damaj. "It's normal to be skeptical, but we've seen thousands of $\mathit{UriVarx}^{\scriptscriptstyle\mathsf{TM}}$ users get results exactly like the participants in the study. It's an amazing product."

HOW IT WORKS

UriVarx™ is a pill that's taken just once daily. It does not require a prescription.

The active ingredients are patented natural extracts. Research shows that as we get older, the muscles which surround the bladder weaken. This is caused by hormonal changes in the body that causes the muscles to atrophy and weaken.

When they become too small and weak, they cannot seal your bladder shut, which causes leaking, accidents, among other incontinence symptoms.



NEW PILL MAY REPLACE DIAPERS FOR BLADDER CONTROL: This new patented clinically proven pill solution is now available nationwide

It also prevents your bladder from fully emptying, which can result in persistent bacterial infections and

UriVarx's[™] active ingredient targets the muscles around the bladder, making them stronger. Supporting ingredients in UriVarx™ support kidney function and overall urinary health.

BLADDER PROBLEMS GONE

With daily use, $UriVarx^{\text{\tiny TM}}$ can restore strong bladder control and help users overcome leakage without the negative side effects or interactions associated with drugs.

Leakage sufferers can now put an end to the uncontrollable urges, the embarrassing accidents, and enjoy an entirely new level of comfort and confidence.

HOW TO GET URIVARX IN NEW YORK

This is the official release of $UriVarx^{TM}$ in New York. As such, the company is offering a special discounted supply to anyone suffering from bladder issues who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all New York residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free Hotline number is 1-800-914-8539 and will only be open for the next 48 hours. Only a limited discounted supply of *UriVarx*™ is currently available in your region.



Lucky you — St. Patrick's Day falls on a Saturday this year! Which means great things are happening all weekend in celebration of the patron saint of Ireland, whether you're a traditionalist or just want some green beer. EVA KIS

The Tom Colicchio way

Top Chef's majordomo is bringing a classier way to celebrate St. Paddy's Ďay to his Kips Bay restaurant Riverpark by recreating the restaurant's summertime beer garden inside its private event space, with wooden tables, green decor, a themed Irish menu, live music and a beer list by LIC Beer Project, featuring souvenir steins you can take home (for a little extra green). March 16, 3-8 p.m., Riverpark, 450 E. 29th St., free entry, riverparknyc.com

Have Irish high tea

Switch up your beverages at The Palm Court's St. Patrick's Day Afternoon Tea, served all weekend (on Saturday, you'll be treated to renowned harpist Erin Hill). Sweet and savory bites include mini corned beef with

emerald cabbage finger sandwiches, a roulade of Irish rasher bacon and Bailey's chocolate cream roll. And there's a special Irish cocktail menu, too. *March 16-18, noon-5 p.m.,* \$95 per person, theplazany. com

Make it a pub crawl

If your only objective on St. Patrick's Day is to notch up as many green beers as possible, join the annual weekend-long (yup) pub crawl that yields specials at more than 50 bars across the city. March 16-18, \$20, pubcrawls.com

Start the party at 9 a.m.

If you're planning an epic crawl, start your day at Bierstrasse Harlem Beer Garden with The9am-Banger. The open-bar event (pace yourself) includes DJs, games like beer peng and fiin cup and more. March 17, 9-11 a.m., 697 W. 133rd St., \$30-\$45, wearehouse78.com

Show your pride at the parade

The 2018 St. Patrick's Day Parade in New York City sets off at 11 a.m. along Fifth Avenue, starting at 44th Street and ending at 79th Street around 4:30 p.m. With 150,000 participants and another 2 million people expected along the route, this is where you'll find the good vibes. nycstpatricks-dayparade.org

Cheer at a redhead burlesque show

Wasabassco's 10th annual St. Patrick's Day for Sinners features a stunning lineup of the city's most talented fiery lasses led by the incomparable Nasty Canasta in an evening of sensual burlesque at Littlefield. March 17, 7 p.m., \$15-\$30, 635 Sackett St., Gowanus, littlefieldnyc.com

Learn Brooklyn's whiskey past

As exports go, Ireland has been kind to us. Brooklyn had picked up a few tricks, and few do it



better than Kings County Distillery — which will be your final stop on Big Onion Tours' Brooklyn Distilled journey through Vinegar Hill. Explore the past (Al Caponel), present and future of spirit-making in the borough, then take an in-depth tour of Kings County, ending with a tasting. March 17, 1 p.m., \$40, bigonion.com

Experience a senior whiskey

The Teeling Whiskey Company just released one of the oldest Irish single malts, the 34-Year-Old Vintage Reserve. If you've got \$5,000 for one of the 38 bottles made, great — for the rest of us, Teeling is throwing a party at the Lower East Side's bar/concert space Nublu 151 with live music, giveaways and a special menu of whiskey cocktails, all just \$8. March 17, 9 p.m. until late, 151 Aug C

Pick up a free book

To really honor St. Pat, get to know his homeland a little better by picking up a book from the Irish Arts Center. For the eighth year, they'll give away tens of thousands books by Irish and Irish-American authors at a dozen sites around the city. March 17, various locations, irishartscenter.org

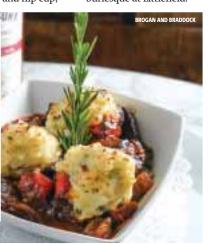
Get some hair of the dog

After all craic, you'll still have to survive Sunday. Make it easier by hitting up Tavern62's Hangover Brunch. Along with some new items for spring, chef David Burke has a few post-St. Patrick's Day specials like scotch eggs, Green Eggs and Lamb (corned beef with Brussels sprouts hash and eggs) and a Guinness and chocolate panna cotta. 135 E. 62nd St., tavern62.com

bites include includes DJs, games like in an evening of sensual burlesque at Littlefield.

Midtown Irish pub Mustang Harry's isn't just content to pour the drinks of its homeland — it's infused them into a special Spirited menu for St. Patrick's Day, available for lunch and dinner all weekend. Dishes include seared salmon with a gin and tonic beurre blanc, a whiskey-braised beef and colcannon pie, and drunken mussels in a Guinness butter broth. 352 Seventh Ave., mustangharrys.com

Try a tipsy all-Iris<mark>h</mark> menu



Hear a new take on the songs of U2

Ireland's own Maxine Linehan has been hailed for her soulful interpretations of her country's most famous band, U2. On Friday night, see her live at Feinstein's for One: The Songs of U2, an evening of storytelling and orchestral covers, with backing by piano, cello, violin, bass and drums.

March 16, 9:30 p.m.,
254 W. 54th St., \$35-\$80,
54below.com



YOUR WEEKEND STARTS NOW

BEAUTY

Meet Christian Siriano

You'll have to play hooky for this one, but it's worth it. Red-carpet hero Christian Siriano is coming to Queens, and you can not only meet him but the first 25 people in line also get one of his sketches, signed and free! Siriano is helping to launch his new collaboration with e.l.f. Cosmetics, which will be offering free touch-ups. March 15, 1-3 p.m., Target, 4024 College Point Blvd., Flushing

MUSIC

Love Rocks NYC!

An insane amount of musical talent will gather on one stage to raise funds for the nonprofit God's Love We Deliver during the second annual Love Rocks NYC! This year's lineup includes the Rolling Stones' Keith Richards, Patty Smyth, Norah Jones, Emmylou Harris, Cheap Trick, Marc Cohn and more, hosted by Whoopi Goldberg. The charitable rock, blues and soul concert is going down at the Beacon Theatre tonight, with remaining tickets selling out fast. March 15, 8 p.m., Beacon Theatre, 2124 Broadway, \$225, loverocksnyc.com

SPRING

Orchid Evenings

The Orchid Show returned this month to the New York Botanical Gardens, and this weekend brings the first of several Orchid Evenings, when kids are tucked in for the night and grownups have the chance to stroll through the lush exhibit with a drink in hand. While enjoying displays by floral artist Daniel Ost, you can also stop to admire live music and dance performances. April 14 is the Young Garden Circle Lounge, offering ticketed guests 21-40 fast access and an open bar. March 17, 24, 31 & April 6, 7, 13, 14, 20, 21, 6:30-9:30 p.m., 2900 Southern Blvd., Bronx, \$38, nybg.org

PARTY

The Real 21st Bday of Nicky Siano

A New York City music-scene mainstay from the 1970s through today, DJ Nicky Siano is an icon who's living larger than ever as he comes upon his "Real 21st Bday." In what's being called a "Native New Yorker Event" at the Good Room, Siano celebrates his legacy: from being the last



Lewis Black: The Joke's On Us Tour

The darkest humorist Lewis Black is stopping by City Winery as part of his latest national tour: The Joke's On Us. Though he typically fills large auditoriums, this weekend you can take part in a rare, intimate evening with the cynic. Expect a scathing takedown of recent events, politics, religion, conventional wisdom and everyday nonsense from one of comedy's foremost stand-up masterminds. March 15, 9 p.m., City Winery, 155 Varick St., \$135-\$225, citywinery.com

original resident DJ at Studio 54 to one of the city's first disco owners at The Gallery. He'll be spinning all night long, coupled with Matthias Heilbronn in the Bad Room, hosted by Rebecca Lynn. March 17, 10 p.m.-4 a.m., The Good Room, 98 Meserole Ave., Brooklyn, \$15, goodroombk.com

INSIDE NYC

Tour Westbeth Artists Housing

Since 1970, a unique artist enclave has thrived in the XXX at Westbeth, a building that houses nearly 400 apartments dedicated to providing affordable living spaces for the city's creative community. This Sunday, you can tour the historic building and look inside the homes and studios of artists who have been working there for six decades as part of the citywide The '60s: The Years that Changed America festival. March 18, 1-5 p.m., 55 Bethune St., free

ARTS

Hair Wars

If you're a fan of shows like "RuPaul's Drag Race" or "Project Runway," you'll want to catch the live version at MoMA PS1's Hair Wars this Sunday. Watch models walk the runway rocking overthe-top looks by designer-stylists, following a tradition that traces back to the 1980s in Detroit and is now touring 20 major cities. Part performance, part sculpture, part fashion, the show highlights a unique slice of subculture. Archival video will also be featured. March 18, 6:05-8 p.m., MoMA PS1, 22-25 Jackson Ave., Queens, \$15, moma.org

COMEDY

"A Love Letter to Myself"

Have fun sipping a cocktail and

supporting funny women with A" Love Letter to Myself," a show where empowered women including comedians Marcia Belsky and Molly Gaebe of Lady Parts Justice get onstage to read touching letters addressed to themselves. Each reading is interspersed with performances by a range of female comedians, from improv to standup, including Carolyn Castiglia (TruTV) and Reformed Whores. March 18, 8 p.m., Union Hall, 702 Union St., Brooklyn, \$25-\$40, unionhallny.com

FOODIE

Vodka and Pickles Festival

It might sound more Eastern European than Irish, but it's definitely alcoholic and green: The Vodka and Pickles Festival visits Brooklyn this weekend with two sessions offering unlimited access to mixed drinks and hors d'oeuvres featuring the main ingredients, plus dancing to live music by Prosspekt, Pasha Newmer and Gypsy Trio, photo ops, art and more. The event supports Palm of Hope, which provides medical supplies for families in need. March 18, Noon-2:30 p.m. & 3-5:30 p.m., Grand Prospect Hall, 263 Prospect Ave., Brooklyn, \$50-\$75, vodkanpicklesfestival.

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The director of "Call Me By Your Name" is planning a sequel, and we have some ideas for world travelers Elio and Oliver. **so**

Dreamy ideas for where to film the 'Call Me By Your Name' sequel

The director of the Academy Awardwinning "Call Me By Your Name" is pushing for a globe-trotting sequel. We have a few ideas for amazing romantic locales.

FodorTrave

Elio and Oliver weren't the only ones to fall in love in "Call Me By Your Name." The swoon-worthy setting of its Italian villa is responsible for the booking of more than a few trips.

You can practically feel the sensuality dripping from the screen as scenes showcase the warm, small town in Northern Italy (set in 1983) at its most divine. The atmosphere truly allows the yearning hearts at the core of this love story to flourish.

Now that the film has achieved critical acclaim and garnered numerous awards, the film's director, Luca Guadagnino, is pushing for a sequel set a few years later that would take the characters across the globe.

Can he recapture those feelings in a different setting? With these seven romantic destinations, we sure think so.

Mykonos, Greece

Although Greece has only recently legalized same-sex partnerships, Mykonos has been a popular gay destination for a while. They could spend two days at the gay-friendly Élia Beach until the sun sets, then enjoy an intimate Mediterranean dinner at the breathtaking Spilia, which has now been around for 30 years.

To cap things off, the lovebirds could consider skipping over to Pierros, a now-closed (but then-thriving) cocktail lounge that was an incredibly popular gem for gay men looking to catch a drag show and/ or dance the night away. The Greek island is also one of the world's top peach-producing countries, a wonderfully coincidental nod to the famous scene.

Bhutan

It would be interesting to see Elio and Oliver in a starkly different cultural setting, yet one that isn't devoid of beautiful surroundings. Bhutan's Buddhist identity could also help our

leading men step back, forget about everyone else and appreciate the bond they have.

Such reflection could take place on a fourhour hike (from the historic town of Paro), to the picturesque cliffside Tiger's Nest Monastery (aka Paro Taktsang).

Marrakesh, Morroco

Marrakesh is big, unlike the town where our characters met. Because of that, though, there are plenty of places they could explore.

Oliver could teach Elio about the country's rich history as they wander through street markets full of spices. Marrakesh's best weather is typically ideal from March to May and October to November, so the couple would have plenty of time to stop and stare at the architecture in the medina, which has basically remained intact since the Middle Ages

Armenia

The boys do love a good hike, as evidenced by their trip toward the end of the movie, and would likely enjoy Armenia's rugged landscape. A climb up to country's highest point, Mount Aragats, sounds like a good place to start. The volcano is also home to multiple engravings/rock art that Oliver would no doubt be interested in deciphering. And they shouldn't miss Lovers Park, which is complete with waterfalls and periodic live concerts.

The Irish capital Dublin is full of nautical sights that our characters could drink in from the Baily Lighthouse and Dublin Castle. A scene at the iconic Gate Theater would also be welcome, and then back to the charming Ariel House for the evening for some more of that subtle yet incredibly moving dialogue.

An exploration of Dublin's Viking history could prove to be just as sensual as the Italian history and art explored in the first film, if Guadagnino plays his cards right.

New York City

An exploration of New York Ĉity's gay culture during the late 1980s could be eye-opening for both the central characters and the viewer.

For the night mood, the lavish gay club The Saint, which was open from 1980-1988, would be neat to see reconstructed. The iconic The Stonewall Inn would also be appreciated given its powerful role in the gay-rights move-

Tokyo

The characters can get lost in translation in Tokyo and see if their relationship blossoms in an environment that would have just given birth to Donkey Kong and Studio Ghibli. A date night complete with a competitive game of Super Mario Bros. and a screening of Akira sounds like an excellent time.



Giants land Nate Solder to boost offensive line

Big Blue just received a franchise-shifting boost to its offensive line.



The New York Giants might have lost out on Andrew Norwell, but they made up for it in spades on Wednesday as they are expected to sign former New England Patriots left tackle Nate Solder, as first reported by NFL Network's Ian Rapoport.

The deal is expected to be worth around \$62 million over four years.

Solder won a pair of Super Bowls for the Patriots in seven years with the team but is just the latest notable name set to depart the franchise. New England is poised to



The Giants acquired left tackle Nate Solder on Wednesday. GETTY IMAGES

lose Malcolm Butler and Dion Lewis to the Tennessee Titans while Danny Amendola is set to join the Miami Dolphins.

When it comes to quantifying Solder's effectiveness along the offensive line, there is nothing necessarily flashy about the 29-year-old. He has never been selected to a Pro Bowl or

All-Pro team and last year received a grade of 75.7 from Pro Football Focus, garnering an "average" designation from the analytics sight.

But if it was good enough to bolster the offensive line of the Patriots, the most successful franchise of the 21st century, it's more than good enough for a Giants

offensive line that was one of the worst in football, allowing 180 pressures and 34 sacks while playing a key role in the league's 26th-ranked rushing offense.

One of the main scapegoats of the offensive line was Ereck Flowers, the left tackle who was rated as one of the worst at his position after the 2016 season. While he showed minimal improvement, his Pro Football Focus grade of 51.5 received a "poor" designation, ranking him the 54th offensive tackle in the league.

Solder provides an immediate upgrade from Flowers, but general manager Dave Gettleman has a lot more work to do along the line. The team has lost center Weston Richburg to the San Francisco 49ers while Justin Pugh and D.J. Fluker are free agents.

Stewart has 'a lot left' for Giants

A major reason why Jonathan Stewart is now with the New York Giants is because of general manager Dave Gettleman, the two reuniting after finding success together with the Carolina Panthers.

The recently signed free-agent running back had one of the best seasons of his NFL career in 2015 when Gettleman was the GM of the Panthers, a season that saw Stewart in the Pro Bowl. Now having signed a two-year deal with the Giants, Stewart is hoping to extend his career as he prepares for an 11th pro season.



Jonathan Stewart. GETTY IMAGES

Saying that he still has "got a lot left," the presence of Gettleman helped lure Stewart to the Giants. New York had one of the worst rushing attacks in the NFL the past two years and Stewart will be counted on to fix that.

Gettleman's presence, he said, helped in making the deal possible.

"It played a significant role. Dave believes in me, and it's just good to know that the GM believes in what you can do on the field," Stewart said. "They're definitely a good team, they've got a lot of good players on offense and defense and I'm just excited to be a part of it."

Right now, Stewart is merely looking to fit in and fight for a role with this team.

"I expect to compete at the end of the day. That's what we do. If you're not competing, if you're not expected to have competition amongst the group, then you shouldn't be in this business," KRISTIAN DYER

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Jets ink Bridgewater, but is he the future?

Gang Green's moves suggest they'll go QB in draft.



The New York Jets have been plenty busy in the period leading up to the NFL's free agency period, which officially began on

Wednesday. With an estimated \$90 million in salary cap space, they haven't been afraid to go out and acquire roster upgrades despite missing out on top free-agent quarterback Kirk Cousins, who will sign with the Minnesota Vikings.

While the signing of former Vikings quarterback Teddy Bridgewater has been the headlining acquisition for the Jets, they also bolstered their secondary with veteran cornerback Trumaine Johnson along with former Titans linebacker Avery Williamson.

New York also brought back a familiar face in quarterback Josh Cown, who received one-year extension worth \$10 million. It was a deserved deal for the 38-year-old, who put together a career season and put up a respectable 5-8 record in a career year as Jets starter last season.

These moves without a doubt make the Jets better as they will continue to be active in free agency this offseason. But early on, these moves might be indicating their intentions in the 2018 NFL Draft.

The Jets hold the No. 6 selection in the draft, a high enough pick that should ensure they get at least one of the more elite prospects in the prospect pool. But speculation has swirled when it comes to what direction the team might be going in at the

There is an abundance of quarterbacks that will go in the first round. As many as five are expected to go in the first 32 picks with USC's Sam Darnold,



Teddy Bridgewater inked a one-year, \$15 million deal with the Jets, GETTY IMAGES

UCLA's Josh Rosen, Wyoming's Josh Allen, Oklahoma's Baker Mayfield and Louisville's Lamar Jackson leading the way.

With Cousins as the team's top priority in free agency, drafting a quarterback was considered an option as the organization continues to search for a franchise quarterback, something they've been lacking since Joe Namath.

The secondary was also an area of need, specifically at the cornerback position.

Morris Claiborne is a free agent while Buster Skrine is signed through the 2018 season. The two were New York's top options on the outside last season, though Skrine struggled at times considering his preferred role is as a slot corner.

That made Alabama's Minkah Fitzpatrick or Ohio State's Denzel Ward viable options.

The signing of Johnson, though, gives the Jets an immediate leader among the cornerbacks with 18 interceptions over his first six NFL seasons, all with the Rams. Should the Jets re-sign

Claiborne, it would allow Skrine to move inside to the slot while safeties Jamal Adams and Marcus Maye continue to develop.

Now, back to the quarterbacks.

While the immediate future (read as the 2018 season) is set with Bridgewater as the team's tentative starter while Mc-Cown backs him up, the door is still open for the Jets to draft a passer.

Both Bridgewater and McCown are in New York on one-year contracts. McCown's due to his age while Bridgewater has fartoo-many question marks surrounding his standing as a legitimate NFL starter.

A horrific knee injury prior to the 2016 season has limited Bridgewater to just two attempted passes in the past two years, bringing his development to a screeching halt. After all, he was a Pro Bowler in 2015 after leading the Vikings to an 11-5 record.

But there is bound to be plenty of rust to his game along with an acclimation period to get back up to speed. Should the Jets not like what they see, they can always let Bridgewater walk at the end of the season.

That would leave the Jets exactly where they were at the beginning of this offseason, searching for a quarterback for the future.

If they play their cards right in the draft though, they might not need to run that risk again. The No. 6 pick ensures they will get a quarterback considering running back Saquon Barkley, offensive lineman Quenton Nelson and defensive end Bradley Chubb expected to be in the running for a top-five selection. So they could wait to see what is available to them.

But if there is a clear choice as to which quarterback they want, New York could trade up to ensure they get their man whether it be Darnold, Allen or Rosen, the three passers who are undoubtedly the best available in this draft.

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The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institute of Health.

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QUALIFIED PARTICIPANTS:

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*up to \$200.00 in compensation for participation.

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You must be between the ages of 18 - 65 years old, living with HIV, living in the NYC metropolitan area, and African American/Black or Latino/Hispanic to participate.

Contact us at 212-992-6670 for more information and to see if you qualify for the study. Compensation is provided and your participation is confidential.

> Approved by the NYU School of Medicine IRB #s15-01480 Pl: Marya Gwadz, PhD

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LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT COUNTY OF QUEENS JPMorgan Chase Bank, Nationa Association, Plaintiff AGAINST Tarbita Benjamin; Monique Benjamin; et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated May 31, 2017 I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, Courtroom #25, 88-11 Sutphin Boulevard, Jamaica, New York on April 6, 2018 at 10:00AM, premises known as 145-95 178th Place, Jamaica NY 11434 All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the City of New York, County of Queens and State of NY. Block: 13342 Lot: 36. Approximate amount of judament \$339,307,90 plus interest and costs. Premises will be sold subject to provisions of filed Judgm Index# 712425/2016. Michael Dikman, Esq., Referee Shapiro, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard Rochester, New York 14624 (877) 759-1835 Dated: January 22, 2018 51467

NOTICE OF SALE

SUPREME COURT: QUEENS COUNTY. RSB CITIZENS N.A. PItf. vs. BONG HEE SU A/K/A BING HEE SU. et al, Defts. Index #706482/15. Pursuant to judgment of foreclosure and sale entered February 21, 2018, I will sell at public auction in Courtroom #25 of Queens County Supreme Court, 88-11 Sutphin Blvd., Jamaica, NY on Friday, April 6, 2018 at 10:00 a.m. prem. k/a 33-07 153rd St., Flushing, NY. Said property located at a point on the easterly side of 153rd St. distant 43.24 ft. southerly from the corner formed by the intersection of the easterly side of 153rd St. (60 feet wide) with the southerly side of 33rd Ave. (70 feet wide): being a plot 100.01 ft x 40 ft. Approx. amt of judgment is \$458,165.40 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale ARTHUR TERRANOVA, Referee COHN & ROTH Attvs. For Pltf. 100 East Old Country Rd., Ste 28 Mineola, NY

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LEGAL NOTICES

NOTICE OF SALE

SUPREME COUR COUNTY OF QUEENS JPMorgan Chase Bank National Association, Plaintiff AGAINST Joel Johnson a/k/a Joel M Johnson: Jody Johnson a/k/a Jody G Johnson; et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated January 12, 2018 I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse, Courtroom #25, 88-11 Sutphin Boulevard, Jamaica, New York on April 13, 2018 at 10:00AM, premises known as 139-29 229th Street, Laurelton, NY 11413. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough and County of Queens City and State of New York. Block 13184 Lot 22. Approximate amount of judgment \$411,708.83 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 707265/2015. Gerald Chiariello II. Esg. Referee Shapiro, DiCaro & Barak 11 C Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard Rochester, New York 14624 (877) 759-1835 Dated: January 31, 2018 51693

NOTICE OF SALE SUPREME COURT:

QUEENS COUNTY HSBC BANK USA, NATIONAL ASSOCIATION AS TRUSTEE FOR WELLS FARGO ASSET SECURITIES CORPORATION. MORTGAGE ASSET-BACKED PASS-THROUGH CERTIFICATES, SERIES 2007-PA3; Plaintiff(s) vs ALEX CORONEL: SUSAN CORONEL; et al; Defendant(s) Attorney (s) for Plaintiff (s): ROSICKI, ROSICKI & ASSOCIATES, P.C., 2 Summit Court, Suite 301. Fishkill, New York, 12524. 845.897.1600 Pursuant to judgment of foreclosure and sale granted herein on or about February 2, 2017, I will sell at Public Auction to the highest bidder at the OUFFNS COUNTY S UPREME COURT, located at 88-11 SUTPHIN BOULEVARD, JAMAICA. NEW YORK. IN COURTROOM #25. On April 13, 2018 at 10:00 am. Premis known as 58-23 60TH PLACE. MASPETH, NY 11378 Block: 2727 Lot: 2 ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Queens, City and State of New York. As more particularly described in the judgment of foreclosure and sale. Sold subject to all of the terms and conditions contained in said judgment and terms of sale. Approximate amount of judgment \$627,522.15 plus interest and costs. INDEX NO. 11927/13 Kerry John Katsorhis, Esq.,

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- 32 Take long steps
- 34 Contend
- 37 Sends forth
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- 42 Caustic substance
- 43 Let out line
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- 47 Ounce fractions
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- 53 Dish cleaners
- 57 Wrong
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62 Dog chow brand

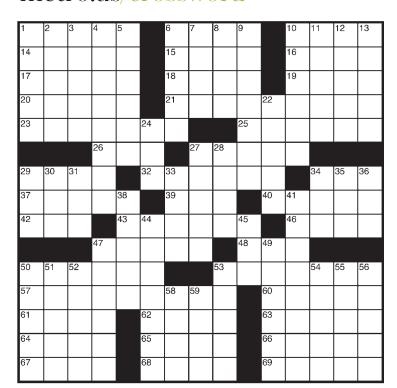
- 63 Not very sturdy
- 64 Mongrels
- 65 Movie mogul
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- 68 Leisure
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DOWN

- 1 Links standout Sam --
- 2 Ben on "Bonanza"
- 3 Be of benefit
- 4 Sloppiest
- 5 Shirt part
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- 8 Pepper grinder
- 9 Kept order
- 10 Reef formers
- 11 Playing marble

- 12 Shorten, maybe 13 Without means
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- 27 Nesting places
- 28 Blarney Stone locale
- 29 Gibson or Brooks
- 30 Singer Grant 31 Tenth inning cause
- 33 Semester
- 34 Caesar's man
- 35 Here, for monsieur 36 Cartoon mice -- and Meek
- 38 More confident
- 41 "Titanic" name 44 Tell a story
- 45 Circuit
- 47 Doze
- 49 Did 18 holes
- 50 Deejay's platters
- 51 World-weariness
- 52 Chipmunk snack
- 53 Keep
- 54 Round Table quest
- 55 Remove a renter
- 56 Adds seasoning
- 58 Famed lioness
- 59 Audit aces

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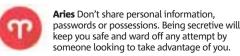


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5 2 2 7 9 4 8 2 9 8 2 5 7 6 4 3 5 3 1 7 5 9 2 9 5 6 5 2

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Taurus Put your energy into something you enjoy doing. A creative outlet will do you a world of good and help you realize that you do have something unique to offer.

Gemini Don't be too eager to share with

someone digging into your past or trying to

be overly friendly. Protect your reputation and



question other people's motives. Cancer Your strength will come from your insight and ability to express your feelings and what means the most to you. Don't hold back

when dealing with important relationships.



hard

Leo Overspending on things you don't need will be your downfall. Consider being more of a minimalist when it comes to lifestyle, love and entertainment.



Virgo You'll be drawn into someone else's dream. Before you promise to take part, you should consider taking a pass and focus on something you want to do.

Yesterday's answers														
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Can't wait until tomorrow to check your answers? Visit metro.us



Libra Do whatever is required to take care of the responsibilities concerning the younger or older people in your life. It's the little things



Scorpio You can make headway at home and with important relationships if you take responsibility for your chores or the changes you want to make and get things done.

you do that will make the biggest difference.



Sagittarius Getting together with friends, relatives or someone you'd like to do business with will be productive. The decisions you make will lead to positive results.

Capricorn You may want change, but that's no



reason to make an unnecessary move. Don't feel deprived just because someone is bragging about how much he or she has. Aquarius Think it, feel it and do it. The chang-

es you bring about will reflect exactly what

you want to see happen. Embrace change.



Pisces You'll feel passionate about life, your responsibilities and doing what you can to get ahead. A disciplined approach will lead to success and greater opportunities. EUGENIA LAST

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